



NAZARENE STRENGTHS INSTITUTE

Theme Matching

Without looking at the strengths' theme definitions, use this as a quiz to check your ability to recognize a strength. Read the short theme definition at the left and match it with the theme name at the right.

(This quiz has been adapted from the Theme Matching worksheet used as part of the Strengths Advocate 101 Training)

Answer	Short Theme Description	Themes of Talent
_____	1. Keenly observes differences in the people around them.	A. Empathy
_____	2. Looking back provides the answers.	B. Developer
_____	3. Enjoys spending time pondering and reflecting.	C. Harmony
_____	4. Is thrilled about the excitement and challenge of meeting new people.	D. Deliberative
_____	5. Is viewed by others as being concerned and interested, so others often seek their opinions.	E. Intellection
_____	6. Is full of zest and life and can infect others with their enthusiasm.	F. Woo
_____	7. Gains confidence from knowing we don't live in isolation	G. Individualization
_____	8. Seeing strengths rather than weaknesses is natural to this person.	H. Context
_____	9. Tries to work things out before there is conflict.	I. Positivity
_____	10. Is careful when making decisions	J. Connectedness

Did you enjoy this exercise? If so, you will really enjoy joining us for one of our training events to learn more about strengths. Check out our spring line-up of 101, 201 and 301 events online!